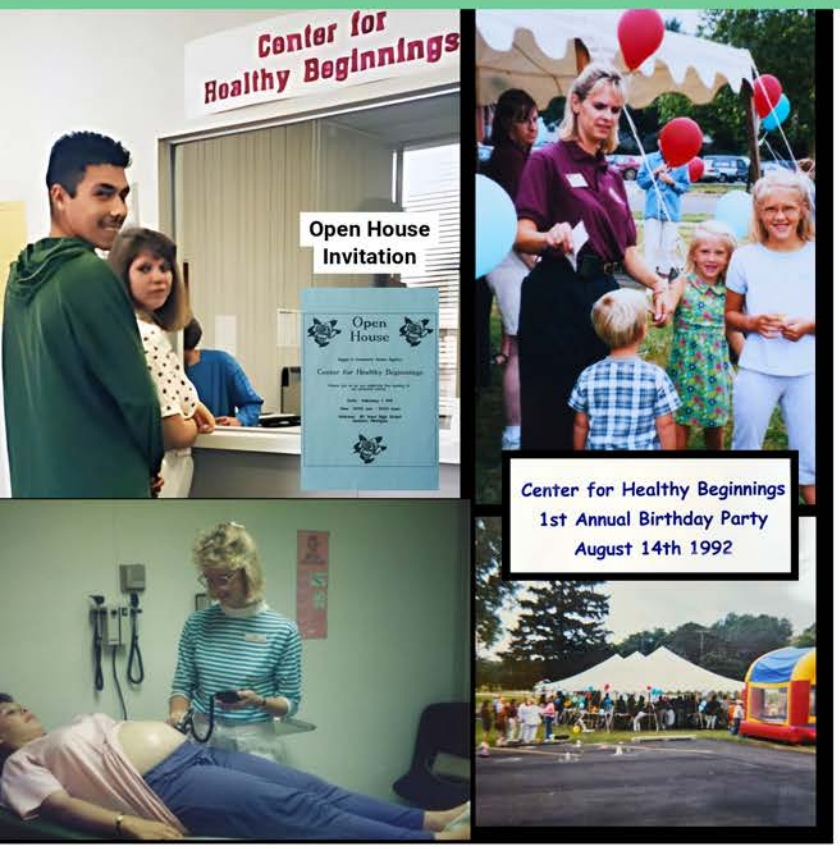
Issue #8 / May 2026

Center for Family Health Community

NEWSLETTER



Celebrating 35 Years With You!

1990

- JAN | Announcement of grant from the W.K. Kellogg Foundation to open the clinic.
- JUNE | Molly Kaser hired as prenatal director.
- DEC | Building renovations are completed.

1991

- FEB | Center for Healthy Beginnings opens a prenatal clinic at 817 W. High St as part of the Community Action Agency.
- APR | 1st Nurse Midwife hired.

1992

- JUN | Full time OBGYN starts working at the Center.
- AUG | Birthday party for the 389 babies born through Center for Health Beginnings.
- OCT | 2nd Certified Nurse Midwife joins the Center.

Sara Benedetto named Chief Executive Officer of Center for Family Health

Sara has more than three decades of experience at the Center for Family Health and has served in a variety of leadership and operational roles since joining the organization in 1992.

Throughout her tenure, Benedetto has demonstrated a deep commitment to the mission of ensuring access to affordable, integrated health care for individuals and families at every stage of life. Her institutional knowledge, dedication to health equity, and collaborative leadership style uniquely qualify her to lead the organization into its next chapter.

"I am deeply honored to step into the role of CEO at the Center for Family Health," said Sara Benedetto. "This organization has been my professional home for many years, and I believe strongly in our mission, our team, and the community we serve. I look forward to building on our strong foundation, supporting our dedicated staff, and continuing to expand access to compassionate, high-quality care for our patients."

The Center for Family Health's Board of Directors expressed strong confidence in Benedetto's leadership and long-standing service to the organization.

Substance Use Disorder Treatment Available to Everyone

You DO NOT Need to	What you CAN expect
✗ Change your Primary Care Physician (PCP)	✓ Evidence-based substance-use disorder care
✗ Be estasblished with a Center Provider	✓ Confidential, compassionate, patient-centered support
✗ Obtain a referral based on PCP location	✓ Access to treatment whether your PCP is within or outside the Center for Family Health

We are dedicated to expanding access to recovery-focused care and reducing barriers to treatment through our integrated care team.

The Center for Family Health provides substance-use disorder services for all in the community. Services include counseling and medication assisted treatment options. Treatment can be provided for alcohol use disorder and opioid use disorder for adults and OB patients.

For Appointments or More Information

Call 517-748-5500

Walk-Ins available every Thursday from 1-3 PM

Please check-in at the Walk In Clinic front desk

505 N Jackson St

Sports Medicine

Karim Elghawy, MD provides sports medicine care at the Center for Family Health, helping patients of all ages prevent, diagnose, and treat musculoskeletal injuries related to sports, physical activity, and everyday movement.

Did You Know?

Care isn't just for athletes—*anyone* with joint, muscle, or movement-related pain can benefit.

Benefits

- Reduced pain and inflammation
- Safely return to activities
- Improved joint mobility and function
- Delayed or avoided need for surgery in some cases
- **Targeted treatment delivered directly to the affected area via US guided injection**

Patients of all ages are welcome! A referral from a PCP is accepted, or you can call our scheduling team at 517-748-5500.