Center for Family Health
Opening the Door to Healthcare for All

November 2025 Community Newsletter

Center for Family Health Website | Get Latest CFH News + Updates | Careers at CFH

JOIN THE #JACKSONFIVECHALLENGE!

🖐 **In Michigan, we know our mittens mean more.**
'The Mitten' is more than just a map, it is a symbol that represents home and what we need most right now – a helpful hand!

What is the "#JacksonFiveChallenge"?
Together, we can each offer a handful of hope to neighbors in need. Every $5 we receive helps support our emergency food pantry.

🖐 Give $5 to support the pantry
🖐 Forward to 5 friends (or family!) to join the challenge
🖐 Help us reach our $1000 goal!

Donate

Community Health Worker, Scott, gathers food from the emergency pantry to help a patient in need.

FEATURED RESOURCES + NEWS

Join our Prenatal Care Community
Click to learn more and see what our first cohort had to say about their Centering experience!

November, December, and January Holiday Hours at the Center for Family Health
Follow us here on social media for updates!

THE HEALTH INSURANCE MARKETPLACE IS NOW OPEN!

Our Outreach and Enrollment Experts are here to help patients enroll in the best insurance plan and coverage for their needs through healthcare.gov - which offers a variety of health-insurance plans with savings based on income. Our trained navigators can help everyone navigate the site – **FOR FREE**.

Patients can call **517-748-5500** to schedule an appointment with our team, who can help guide them through the process and answer any questions.

Those looking to sign up DO NOT have to be a Center for Family Health patient to access free assistance with enrollment.

Don't Delay! The Health Insurance Marketplace Open Enrollment Period is November 1 - January 15.

WELCOME KASSIDY TREACEY, NURSE PRACTIONER, TO THE NORTHWEST COMMUNITY HEALTH CENTER!

We are excited to welcome Kassidy Treacey, Nurse Practitioner, to the Northwest Community Health Center, our school-based health center in partnership with the Northwest Community School District.

Kassidy brings a strong commitment to accessible, compassionate care for students and families in the community.

Call **517-569-3200** to schedule an appointment!

Watch the Interview

Christina Henderson - School Health Center Supervisor, Kassidy Treacey - NP, Bart Hawley - Host of JTV's The Bart Hawley Show, and son, Andy Hawley

AMERICAN DIABETES MONTH

November is American Diabetes Month, a time to raise awareness about diabetes and support those affected by it. With over **37 million Americans living with diabetes** and millions more at risk, this month is dedicated to promoting healthy lifestyles, encouraging regular checkups, and highlighting the importance of early detection and management.

Our registered dietitian plays a vital role in providing personalized nutrition support, helping patients make sustainable changes that can prevent or better manage diabetes. Contact any Community Health Worker (CHW) for more information about available education and support programs for CFH patients:

- **Diabetes 101**
- **Diabetes Support Group**

Stephanie Skonos, Registered Dietitian, leads a Diabetes Support Group