



Center for
Family Health

CenterPiece

FEBRUARY 2023

COMMUNITY NEWSLETTER

CFH SERVICES

Effective Medication-Assisted Treatment for Substance Use Disorder



School Health Center Update

We are excited to announce that with the recent re-opening of the Jackson High and Northeast Health Centers all four of our school health centers are now open!

Jackson High Health Center, Parkside Health Center, Northwest Community Health Center Hours:

■ 7:30 AM - 4:00 PM
Monday - Friday

Northeast Hours:

■ 8:00 AM - 4:30 PM
Tuesday - Friday

All four locations have a strong focus on serving youth but are open to all ages. Services include medical and mental health care. ■

The Center for Family Health is honored to help our patients through medication-assisted treatment (MAT) to resolve their substance use. MAT utilizes medication in combination with behavioral therapies for effective treatment of opioid and alcohol use disorder.

Our medically guided treatment puts patients' needs at the center with a plan that is specifically created for each person. This unique patient centered, team-based approach promotes long-lasting results in a way that is manageable.

The use of prescription medication is a safer and more effective treatment path for those with opioid and alcohol dependence because it allows patients to lessen withdrawal symptoms, preventing relapse or overdose.

Eliminating or reducing withdrawals is why MAT programs are so effective. When patients don't feel the unmanageable pain and discomfort of detoxification, they are less likely to relapse.

Our MAT program is different from many others because all care is done by Center for Family Health caregivers. When you enroll at the Center, your team includes a primary medical care clinician, medical assistant, experienced Behavioral Health Consultant and Registered Nurse. Other members on your team may also include a Registered Dietician and a Community Health worker who can help you access additional community resources that may support you in your recovery journey. In addition to scheduled individual therapy sessions, and appointments with your medical provider, we have a weekly recovery skills workshop and therapists that are a phone call away.

To learn more about our medically assisted treatment program, you can speak to your primary care provider or call us at 517-748-5500. You do not need to be a patient at the Center to access these services. We are here for everyone regardless of your ability to pay or where you receive your primary care. ■

The Center for Family Health is an independent, federally qualified health center that never turns patients away because of inability to pay. It provides comprehensive, quality medical care, dental services and behavioral-health assistance to more than 35,000 patients at its main location in Jackson, a dental center, and four school health centers.

Opening the door to
HEALTH CARE for all

GET TO KNOW CFH

MEET BROOKE GRIFFITHS



An essential piece of growing our medicated assisted treatment (MAT) program, Brooke made it possible for our patients to receive the specialized therapy they need when going through MAT at CFH.

Brooke looks forward to expanding the MAT program even more than it is now. She finds it fulfilling to help patients through challenging times. Seeing each success story really drives her.

MEET KAITLYN WIXSON



An integral part of our behavioral health team, Kaitlyn has been helping our patients to be and feel their best with therapy and health coaching for the past two years.

One of her favorite aspects of her job is getting to see the positive change in our community members as they work through their personal challenges. This may include mental health, chronic condition management, or substance use treatment. She knows seeking help can be an intimidating step, but she is here to guide you along your journey.

News in Brief



Get Your COVID-19 Vaccine and Booster

Safe and effective for everyone six months and older, getting your COVID-19 vaccine or booster could be the difference between mild symptoms and hospitalization.

Make your COVID-19 vaccine appointment today by calling us at 517-748-5500.

