



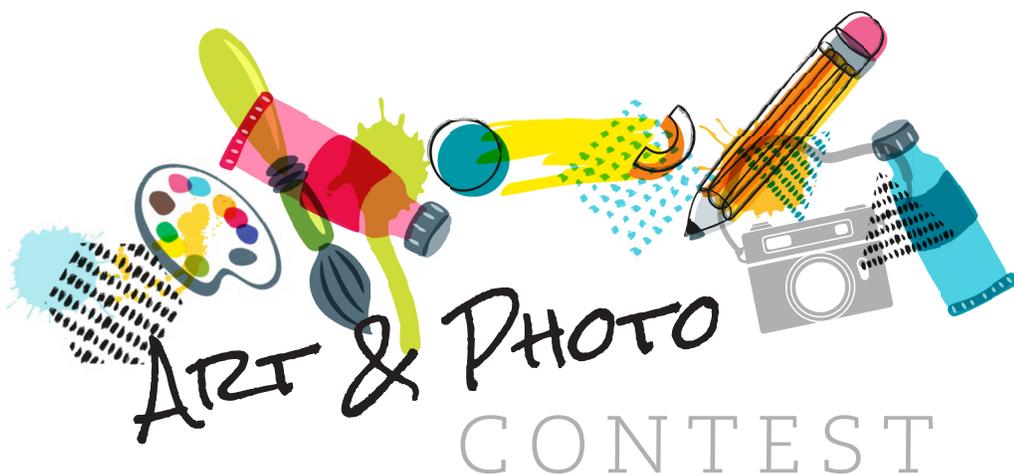
# CenterPiece

DECEMBER 2021 COMMUNITY NEWSLETTER

## Exciting news!

We will be extending the deadline for our Art and Photo contest to January 20, 2022.

The Center for Family Health invites artists and photographers age 12 and up, working in all mediums, styles, and disciplines to submit images for consideration to display at our facilities in Jackson, Michigan in celebration of the Center for Family Health's 30th anniversary.



■ For application, rules and deadline on the contest, visit [CenterforFamilyHealth.org/art-and-photo-contest](https://CenterforFamilyHealth.org/art-and-photo-contest)



### FLU & COVID 19 SERVICES

## Don't let the flu stick on you!



### Walk-In Clinic

505 N. Jackson Street  
Jackson, MI 49201

**Clinic Hours**  
Monday – Friday 9 AM – 9 PM  
Saturday – Sunday 9 AM – 6 PM

**Covid -19 kids and booster vaccines available as cases continue to rise.**

Every person aged 6 months and up should get a flu shot. Flu shots are available at the Center and no appointment is needed.

Our Walk-in Clinic is available to everyone; you do not need to be a patient at the Center to get the care you need.

For more information call 517-748-5500 or visit [CenterforFamilyHealth.org/walk-in-clinic](https://CenterforFamilyHealth.org/walk-in-clinic). ■

**No appointment is necessary!**

Opening the door to  
**HEALTH CARE** for all

The Center for Family Health is an independent, federally qualified health center that never turns patients away because of inability to pay. It provides comprehensive, quality medical care, dental services and behavioral-health assistance to more than 35,000 patients at its main location in Jackson, a dental center, and four school health centers.



Elma Trinidad joined the Center in 2018 after a doctor she worked with for many years retired. “Now I’m a Health Information Specialist, which I enjoy and love very much.” Says Elma, a single mom of three.

“To me it is a very rewarding job. It makes you feel good when you know that you were able to help someone. I am very happy to be part of CFH knowing what the Center is all about: helping the community.”

When asked what Elma brings to the team, Health Information Manager & Privacy Officer Michelle Caryl has a lot to say. “Elma is such a delight to work with. She is always smiling and attentive with our patients in assisting them with their needs. She’s also a little energy bunny as from 8:00am – 5:00pm you will find her in Health Information, but then on many nights and weekends you will see her working in pediatrics or at the walk-in picking up shifts as a Patient Service Representative. She enjoys working with our patients and it shows! Says Michelle, “I am thankful for Elma.”

In her free time, Elma enjoys spending time with her children. She likes to travel, which she plans to do a lot of when she retires. Until then, Elma is happy where she is. “The staff here is like family to me. Everyone is so nice and caring,” she says.

**Infection control is a top priority at the CFH Dental Clinic**

The Clinic follows Centers for Disease Control and Prevention guidelines for infection prevention and control. For instance, the waterlines in the dental chairs have the potential to promote the growth of bacteria.



To avoid this, we maintain our waterlines daily and monitor our water quality with

regular testing to make sure we are using safe water throughout the clinic.

While hospitals employ specialists who are credentialed to disinfect instruments, it is unusual for dental clinics. However at CFH, we have a certified sterile processing technician who manages and operates our sterilization room, ensuring proper sterilization practices of all our dental instrumentation. “We believe that

having a professional responsible for this work is critical to ensuring our patients receive the safest care,” says Dr. Kathryn Thornton, Dental Director at the Center for Family Health.

The Dental Clinic has also made adaptations during the COVID-19 pandemic to maintain a safe environment for patients and staff. “We have HEPA air filtration units running in every operatory to clean the air. We also use special machines to capture aerosols and utilize shields in patients’ mouths to reduce the amount of saliva exposed,” Dr. Thornton explains. “Due to ongoing transmission of the COVID-19 virus in our area, adult and teenage patients also currently take a rapid test before they undergo dental procedures producing aerosols.”

**For more information on the Center’s Dental Clinic, visit [CenterforFamilyHealth.org/dental](https://CenterforFamilyHealth.org/dental) or give us a call at 748-5500.**

**Jackson county COVID update**

Positive cases continue to rise in Jackson. As the temperature drops and the days get shorter, more time is spent indoors and windows are closed, colds, flu, and COVID will all be circulating. The CDC recommends all adults receive a booster of the covid vaccine and children aged five and up are now eligible and should also receive the vaccine. ■

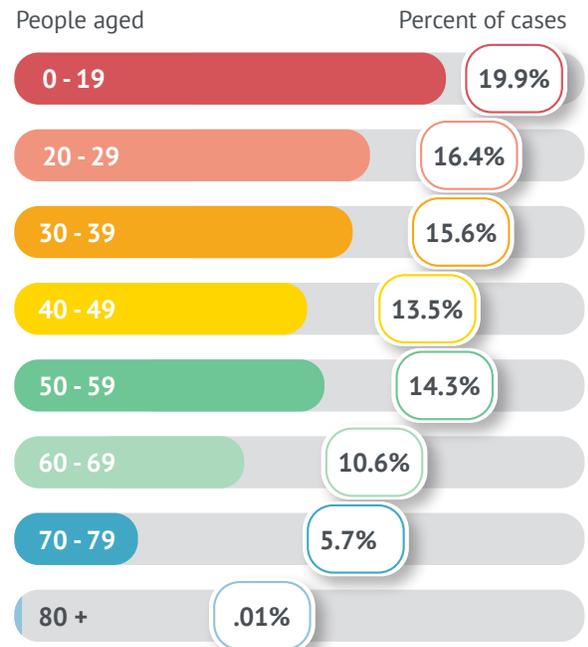
**Help keep the germs at bay:**

- Stay home when sick
- Wash your hands
- Cover your cough and sneeze



JCHD reports **25,861** cumulative cases and **366** deaths.

**Jackson county cases by age:**



**56.7%** of Jackson County residents have received at least one dose of the vaccine.